

Two out of every 25 women in Saskatchewan experience  
abuse by an intimate partner.

*If you need help or want information, please call:*

### ***Emergency Shelters***

Piwapan Women's Centre (La Ronge)	(306) 425-3900
Waskoosis Safe Shelter (Meadow Lake)	(306) 236-5570
Prince Albert Safe Shelter for Women	(306) 764-7233
Battlefords Interval House (North Battleford)	(306) 445-2742
Saskatoon Interval House	(306) 244-0185
YWCA of Saskatoon	(306) 422-2844
Shelwin House (Yorkton)	(306) 783-7233
Project Safe Haven (Yorkton)	(306) 782-0676
Qu'Appelle Haven Safe Shelter (Fort Qu'Appelle)	(306) 322-6881
Regina Transition House	(306) 569-2292
YWCA Isabel Johnson Shelter (Regina)	(306) 525-2141
Wichihik Iskwewak Safe House (WISH) (Regina)	(306) 543-0493
Moose Jaw Transition House	(306) 693-6511
Southwest Crisis Services (Swift Current)	(306) 778-3692

### ***Second Stage Shelters***

Prince Albert Safe Shelter for Women—2 <sup>nd</sup> Stage	(306) 764-7233
Adelle House (Saskatoon)	(306) 668-2761
Wichihik Iskwewak Safe House (WISH)—2 <sup>nd</sup> Stage (Regina)	(306) 543-0493
SOFIA House (Regina)	(306) 565-2537
Genesis House (Swift Current)	(306) 778-3692

### ***Counselling & Support Centres***

North East Outreach and Support Services (Melfort)	(306) 752-9464
Hudson Bay Family and Support Centre	(306) 865-3064
West Central Crisis & Family Support Centre Inc. (Kindersley)	(306) 463-6655
Envision Counselling and Support Centre Inc. (Estevan)	(306) 637-4004
Envision Counselling and Support Centre Inc. (Weyburn)	(306) 842-8821



The Provincial Association of Transition Houses and Services of Saskatchewan

*For more information, please visit our website:*

[www.abusehelplines.org](http://www.abusehelplines.org)